

FREE Self Defense

for pre-teen girls and
transyouth ages 9-12



Carolina Kroon

Combines
physical & verbal
self-defense skills
with discussions on
safety, prevention,
& violence
de-escalation.



5-WEEK COURSE
meets SATURDAYS,
12:30-2:30PM

April 22- May 20, 2017

Pre-registration required:

call or email for forms
See below for details



CENTER FOR
ANTI-VIOLENCE
EDUCATION

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