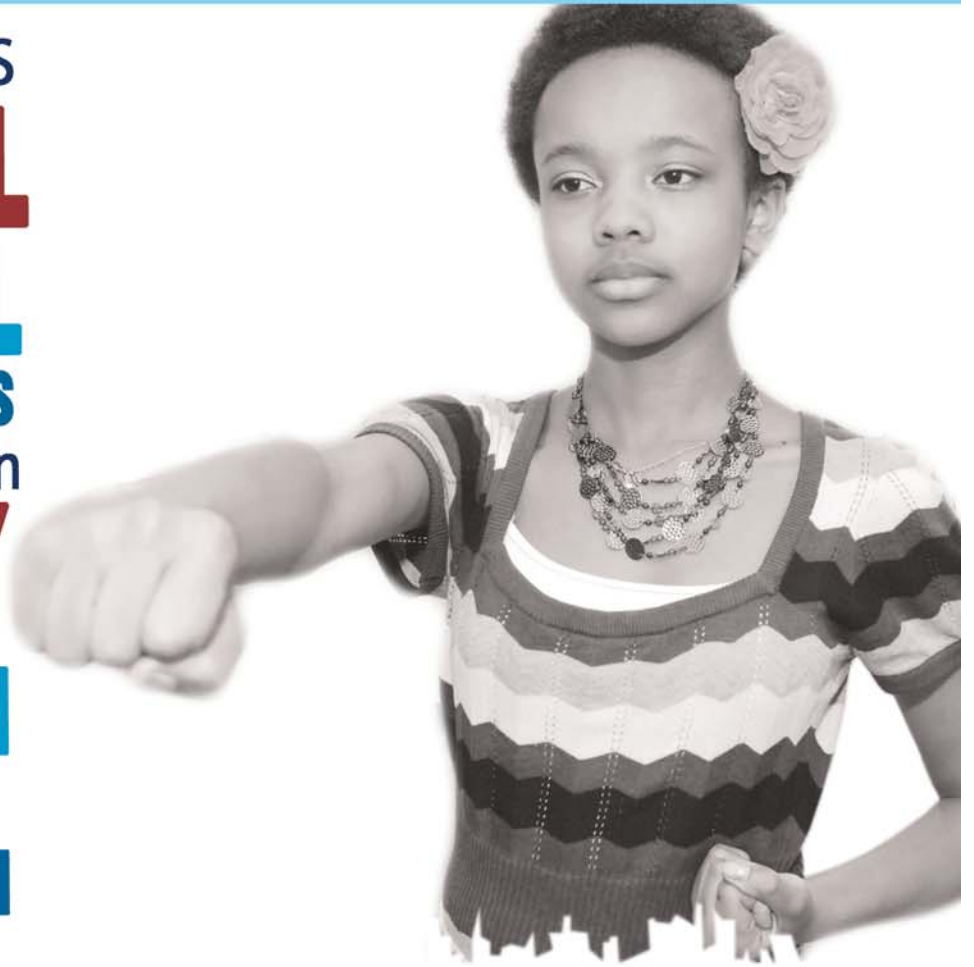


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# SELF DEFENSE

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with discussions on  
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