



CENTER FOR ANTI-VIOLENCE EDUCATION

Empowerment Self-Defense Instructor 2023

CAE is an equal opportunity employer and we strongly encourage BIPOC women (cis and trans) and people who are T/GNC and LGBTQ+ to apply.

Organization Overview: THE CENTER FOR ANTI-VIOLENCE EDUCATION (CAE) is an intersectional feminist organization that works to prevent hate violence in our communities through educational programs that center the experiences of the people most marginalized. CAE teaches Empowerment Self-Defense and Upstander tools, focusing our work with girls and women (cis and trans), people who are transgender, gender non-conforming and people who are LGBTQ+, particularly those at increased risk from racism and xenophobia. Through partnerships with CBOs, schools, workplaces, neighborhood groups, and more, we serve more than 3,000 people each year across the five boroughs of New York City. We have been doing this work to actively create a more peaceful and just world since our founding in 1974.

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The Position: CAE seeks to hire a social justice minded and experienced Instructor for a per-diem position facilitating Empowerment Self-Defense workshops for community members and community partners. ESD workshops teach physical and verbal skills, emotional and social techniques like assertiveness, de-escalation, situational awareness and self-care practices for healing from violence. Each session is facilitated through a trauma-informed lens and centers the experiences of those most at risk for violence. Programs take place virtually and in person, at CAE's Brooklyn office, as well as on request across the five boroughs at workplaces, schools, CBOs, faith institutions, and more. Empowerment Self-Defense Instructors work primarily with those who are themselves targets or survivors of violence

Responsibilities

- Facilitate virtual and in-person workshops for various-sized groups, including logistics (setting up tech; preparing workshops spaces and materials).
- Collaborate with Empowerment Self-Defense Program Manager to be responsive to participant needs.

- Support curricula development and administrative tasks related to program assessment, reporting and strengthening.
- Uphold a strong commitment to social justice, anti-oppression, and accountability to communities most impacted by oppression and hate violence.

Experience, Skills, and Qualities

- Highly experienced and engaging trainer with at least two years of facilitation experience
- Advanced level of training in self defense systems and/or martial arts.
- Sound understanding of how intersectional, anti-oppressive, trauma-informed lens affect survivors of trauma and violence
- Comfortable teaching in-person training in NYC area (given safe social distancing & COVID- 19 guidelines)
- Availability for a flexible schedule that includes some mornings, evenings and/or weekends.
- Willingness to serve all populations within our communities while centering their lived experiences is a primary expectation of this role.
- Bilingual and multilingual expertise appreciated! Current languages requested by community partners include Spanish, Mandarin, Cantonese, Bangla, and Arabic.
- Experience with curriculum development a plus!
- Familiarity with video conferencing tools (for ex. Zoom, Microsoft Teams, and Google Hangouts), and Microsoft Office or Google applications (for ex. Slides / Powerpoint, Sheets / Excel) appreciated.

Compensation:

Reports to: Empowerment Self-Defense Program Manager

Location: Remote + various NYC locations

Pay rate: \$100-\$200/workshop depending on experience

HOW TO APPLY: All applications will be received via email. No phone calls or snail mail, please. Please send to:

- jobs@caeny.org subject line should read: **ESD Instructor YOUR NAME**
- All applications must include (in PDF format):
 - Resume
 - Cover letter sharing where you learned of this position, what you'd like to bring to this role, and your available start date.